

## HEALTH AND WELLBEING BOARD

MINUTES of the Health and Wellbeing Board held on Thursday 16 March 2023 at 10.00 am at This is a Hybrid meeting

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**PRESENT:**

- Councillor Kieron Williams (Chair)
- Dr Nancy Kuchemann (Vice-Chair)
- Councillor Evelyn Akoto
- Councillor Jasmine Ali
- Councillor Dora Dixon-Fyle MBE
- Councillor Maria Linforth-Hall
- Cassie Buchanan
- Nabil Jamshed (substituting for Sarah Austin)
- Sangeeta Leahy
- James Lowell
- Sheona St Hilaire
- Alasdair Smith
- David Quirke-Thornton
- Martin Wilkinson

**OFFICER** Chris Williamson – Head of Health and Wellbeing  
**SUPPORT:** Maria Lugangira – Principal Constitutional Officer

### 1. WELCOME AND INTRODUCTIONS

The Chair welcomed everyone to the meeting.

### 2. APOLOGIES

Apologies for absence were received from;

- Anood Al-Samerai
- Sarah Austin
- Clive Kay
- Althea Loderick

**3. CONFIRMATION OF VOTING MEMBERS**

Those listed as present were confirmed as the voting members.

**4. NOTIFICATION OF ANY ITEMS OF BUSINESS WHICH THE CHAIR DEEMS URGENT**

There were none.

**5. DISCLOSURE OF INTERESTS AND DISPENSATIONS**

There were none.

**6. MINUTES**

**RESOLVED** - That the minutes of the meeting held on 30 January 2023, be approved as a correct record of the meeting.

**7. PUBLIC QUESTION TIME (15 MINUTES)**

There were none.

**8. COMMUNITY UPDATE: THE NEST**

The Board received a presentation from Groundwork's, Hannah Kashman. The focus of the presentation centred on the work of the Nest and the mental health support provided to schools.

Hannah provided the Board with an overview of who the Nest are:

- The aim of the Nest is to provide a service to young people at the point of need, without the need for a professional referral. They offer early intervention and prevention for emotional issues and low-level mental health such as worries, anxieties and stress.
- They also provide young people and families with the opportunities, experiences, and tools to enable them to develop their physical, emotional and social capabilities. Through their non-clinical intervention, they offer support such as youth work, person-centred counselling, psychological wellbeing practices and traditional talking therapies via 1:1 sessions, group work, virtual resources and peer mentoring.

The Board were also presented with a number of key highlights with regards to the support provided by the Nest to pupils who faced school exclusion and the successful outcome of having the decision overturned

The Board thanked Hannah for the insightful presentation and highlighting the much important service provided by the Nest

## **9. CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH SUPPORT IN SCHOOLS**

The Board considered the report, which detailed the mental health support provided to children and young people in schools.

The report covered the four main programmes of support in schools:

1. Improving Mental Health and Resilience in Schools (IMHARS)
2. Youth New Deal
3. Kooth
4. Mental Health Support Team (MHST)

**RESOLVED - That the Health and Wellbeing Board note the progress being made to support children and young people's mental health in schools.**

## **10. MENTAL HEALTH AND WELLBEING OF ADULTS**

The Board considered the report, which detailed the work being undertaken to ensure that local people have access to mental health and wellbeing services in Southwark.

The Board also received a presentation that, covered in detail the following;

- Programme overview –strategic context and outcome framework
- Achievements to date
- Engagement approach
- Community model and workforce structure
- Current workstreams The Wellbeing Hub plus neighbourhood outreach pilot

**RESOLVED - That the Health and Wellbeing Board note the update and progress being made to support and ensure that local people have access to mental health and wellbeing services in Southwark.**

## **11. AIR QUALITY ACTION PLAN 2023 - 2027, AIR QUALITY MANAGEMENT AREA EXTENSION, AND AIR QUALITY JOINT STRATEGIC NEEDS ASSESSMENT**

The Board considered the report, which details the Air Quality Joint Strategic Needs Assessment, that aims provide holistic understanding of air quality in the

borough and its impact on the health of local people.

The Air Quality Action Plan 2023 - 2027 was developed through internal and Lead Member consultation that commenced in 2021, and public consultation during 2022. Public Health were a key partner in the consultation, and the emerging JSNA helped to shape the Air Quality Action Plan 2023 – 2027.

The Plan 2023 - 2027 lists the actions that the council will take to reduce air pollution emissions, to reduce exposure to poor air quality, and to educate people on how to mitigate the effects of poor air quality on their health. The actions are assigned to multiple different teams widely across the council.

**RESOLVED - The Southwark Health and Wellbeing Board noted the new Air Quality Action Plan 2023 – 2027, extension to the Air Quality Management Area (AQMA), and recently updated Air Quality Joint Strategic Needs Assessment (JSNA)**

## **12. COVID-19 MONITORING REPORT**

The Board considered the COVID-19 monitoring report, which presented headline statistics for current local and regional COVID-19 data.

### **Key headline messages:**

- The number of confirmed cases across Southwark, London and England increased over the past fortnight with the Office for National Statistics (ONS) estimating a rise in infections across London.
  - Southwark had 84 confirmed cases of COVID-19 in the week to 25 February.
  - ONS estimated that infections had increased substantially over the past fortnight, with 1 in 35 people in London estimated to have COVID-19 as at 21 February.
- The number of hospital inpatients with COVID-19 across London increased in recent weeks
  - Across London there were around 1,300 hospital inpatients with COVID-19, with the local trusts seeing the number of COVID-19 inpatients stabilise.
- Over 48,000 Southwark GP-registered patients had received their autumn booster doses of the COVID-19 Vaccine.

**RESOLVED – That the Health and Wellbeing Board note the contents of the COVID-19 Monitoring Report.**

**13. ANY OTHER BUSINESS**

There was none.

Meeting ended at 12.00 pm

**CHAIR:**

**DATED:**